

January 30, 2017

Dear Parents or Guardians:

Your child is enrolled in the after school class *call Into The Outdoors!* at Lincoln Elementary School.

In this class, they will have the opportunity to participate in an outdoor activity called Nordic Bumps For Kids (offered in partnership with Knicker Nordic Development Group, a Not-for-Profit Organization). Bumps for Kids aspire to change the culture on how our youth play during the winter at school. By providing easy to use small skis and grooming snow into tracks and small inclines, students gain new skills and exercise in a healthy outdoor activity which ultimately may transition into a lifelong pursuit. Knicker Nordic has a passion and commitment to extending these opportunities to young children in our community.

This opportunity is being offered at Lincoln Elementary School for students in grades 3-5 as an after-school class. Twenty pairs of skis are available. No poles will be used in this activity. This program was piloted initially at a few schools and is now offered at ten elementary schools.

Similar programs are being developed throughout the state. While this activity is playful it develops coordination, strength, flexibility, and cardiovascular fitness. Additionally important is the introduction of lifelong skills and habits.

Please read and complete the attached. In order for your child to participate in Nordic Bumps for Kids, we must have a signed Permission Slip and a Waiver and Release of Claims by **February 2, 2017**. Should you have any questions regarding this exciting recreational opportunity, please do not hesitate to call.

Sincerely,

Nancy Dreikosen
Enrichment Coordinator-Lincoln
ndreikos@wausauschools.org

WSD Continuous Nondiscrimination Notice

The Wausau School District does not discriminate against individuals on the basis of sex, race, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional, or learning disability. Federal law prohibits discrimination in education and employment on the basis of age, race, color, national origin, sex, religion, or disability.

Anyone who believes that the Wausau School District has inadequately applied the principles and/or regulations of Title VI, Title VII, Title IX, Section 504 or the Americans with Disabilities Act, may file a complaint with the WSD Equity Director at the Longfellow Administration Center, 415 Seymour Street, Wausau, Wisconsin 54402-0359, or by telephone at 715-261-0500.

THE ATTACHED FORM MUST BE COMPLETED AND RETURNED BEFORE THE STUDENT MAY PARTICIPATE. PLEASE RETURN BY FEBRUARY 2, 2017.

Waiver and Release of Claims

Please be advised that all recreational activities have a certain degree of risk that may include injuries ranging from minor sprains and contusions, to major injury, possible paralysis or even death. Having read and understood this warning, the undersigned recognizes the importance of participants following instructions regarding techniques, training and other rules and agrees to reinforce this in discussions at home.

Since the Wausau School District does not carry recreational activities insurance, the undersigned agrees to assume all medical costs incurred should injury result from participation in these activities. Also, the undersigned agrees to hold the Wausau School District, its employees and agents and all persons or entities holding thereunder, including any and all policies of insurance, harmless from any all claims, suits, obligations or other liabilities which arise or may arise from participation in such activities and of use of recreational facilities and equipment. The terms hereof shall serve as a release for the heirs, estate, executor, and all family members of the undersigned.

Signature of Parent/Guardian _____

Date of Signature _____

Permission to Participate

_____ (student’s name) has my permission to participate in the

Nordic Bumps for Kids at Lincoln Elementary School. I understand that this activity involves some risk of injury and I will stress the importance of following the class rules when we discuss this activity at home.

Signature of Parent/Guardian _____

Date of Signature _____

Best phone number to be reached at: _____

Additional phone numbers to be reached at: _____

Emergency contacts/numbers: _____

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